

# Full Blown Extreme



## **Creatine Volume Intensifier†**

**Full Blown Extreme** is the culmination of quality ingredients, research and testing. The research team at MM Sports Nutrition focused on blasting your muscles with greater blood flow while increasing cellular fluid & glycogen levels. The end result is what we believe to be the finest Nitric Oxide Boosting, Creatine Supplying, Energy & Intensity enhancing pre-workout supplement drink mix ever developed.†

The Volumizing matrix contains patented Kre-Alkalyn® and long trusted Creatine Monohydrate for enhanced strength through the ATP energy boosting and cell volumizing effects. The Arginine Alpha Ketoglutarate provides the precursor for nitric oxide production. Nitric oxide production provides peripheral blood flow and nutrient delivery while enhancing muscle pump. Citrulline is part of the nitric oxide manufacturing system in the body. Vanadyl assists in the action of insulin which drives sugars and creatine into the muscle where it is needed.†

The Energy & Focus blend contains several ingredients for improving mental activity and alertness. Caffeine and Guarana are known for their ability to increase alertness and energy levels. Panax ginseng is a traditional energy enhancing herb. Octopamine is tested as a beta agonist in dogs and for its ability to increase metabolism. NADH is the body's energy transporter. The NADH molecule is how the body transports energy during muscular contraction as well as countless other reactions.†

The Synergistic Intensity complex contains ingredients that work together with the other blends to improve the effects of **Full Blown Extreme**. Adenosine is found in ATP (Adenosine Tri-Phosphate), the energy molecule in the body). L-Tyrosine is a precursor to epinephrine and norepinephrine which is produced during high intensity exercise and as part of the fight or flight response. Phosphatidyl Serine is a brain enhancing nutrient. It provides precursors for the production of Acetylcholine, a brain neurotransmitter. Vinpocetine has the ability to dilate blood vessels thereby enhancing circulation and improving oxygen utilization for support of fat use as energy. Vinpocetine also has antioxidant properties. Evodiamine is a unique compound that acts on the vanilloid receptors to help with body fat utilization.†

*(Continued on Page 2)*



**Size:** 2 Lbs. (908g)

**Serving Size:** One (1) Scoop (25g)

**Servings Per Container:** Thirty-Six (36)

**Flavor:** Extreme Orange, Extreme Berry Blast, Extreme Tropical Punch, Extreme Pink Lemonade

### **KEY FEATURES**

- Kre-Alkalyn® & Creatine Blend†
- Nitric Oxide boosters†
- Caffeine and Octopamine energy blend†
- Intensity mind focusing blend†
- Complex and simple carbs†
- Electrolyte anti-cramping blend†

### **KEY MESSAGES**

- Kre-Alkalyn® minimizes conversion to creatinine and problems of bloating and digestion†
- Kre-Alkalyn® buffers excessive lactic acid build up allowing harder and longer training sessions†
- Volumizing nitric oxide boosters provide a more intense muscle pump†
- Energy blend provides ingredients for stimulating energy production, fatty acid mobilization and intense training†
- Brain nutrients improve ability to focus on the mind muscle connection for greater workout intensity and results†
- Stacked carbohydrates for quick and sustained energy†
- Mineral electrolytes work together to promote continued muscle contraction and prevent cramping†

### **TARGET MARKET**

**Primary:** Men and Women seeking to build more lean muscle.

**Secondary:** Workout enthusiasts wanting a more intense workout.

### **RECOMMENDED STACK**

- |                    |                       |
|--------------------|-----------------------|
| • Max Lean Protein | • Max EFA             |
| • ThyX             | • Max Pro             |
| • Vit-Acell        | • High 5              |
| • SuppreX          | • Max Carb & Fat Away |
| • Max CLA          | • Max Nitro           |
| • ThermXX          | • Max Complete        |
| • EnerX            |                       |

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## Full Blown Extreme

### Extreme Orange

#### 2 LBS. (908g)

**Size:** 2 Lbs. (908g)  
**Serving Size:** One (1) Scoop (25g)  
**Servings Per Container:** Thirty-Six (36)  
**Flavor:** Extreme Orange

### Supplement Facts

Serving Size: One (1) Scoop (25g) Servings Per Container: Thirty-Six (36)

	Amount Per Serving	%DV*
Calories Per Serving:	72	
Calories from Fat:	0	
<b>Total Fat</b>	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	0%
<b>Cholesterol</b>	0g	0%
<b>Sodium</b> (from Sodium Chloride and Sodium Bicarbonate)	175mg	7%
<b>Potassium</b> (Gluconate)	17mg	0.5%
<b>Total Carbohydrate</b>	18g	6%
(from High Molecular Weight Maltodextrin and Dextrose)		
Sugars (from Dextrose)	5g	
Fiber	0g	0%
<b>Protein</b>	0g	0%
<b>Calcium</b> (Citrate)	80mg	8%
<b>B6</b> (as Pyridoxine HCl)	6mg	300%
<b>B12</b> (as Cyanocobalamin)	50mcg	833%
<b>Magnesium</b> (Citrate)	40mg	10%
<b>Manganese</b> (Gluconate)	1.5mg	75%
<b>Chloride</b> (from Sodium Chloride)	60mg	2%
<b>Max Volumizing Matrix</b>	4.25g	**
Arginine Alpha-Ketoglutarate, Buffered Creatine (as Krealkalyn®), Creatine Monohydrate, Citrulline Malate, Vanadyl Sulfate		
<b>Max Energy &amp; Focus Complex</b>	220mg	**
Caffeine Anhydrous, <i>Panax ginseng</i> (4% ginsenosides), Guarana Powder, Octopamine HCl, NADH		
<b>Synergistic Intensity Blend</b>	2.5g	**
Adenosine, L-Tyrosine, Phosphatidyl Serine 20%, Vinpocetine 99%, Evodiamine 98%, L-Tyrosine		

\*Percent Daily Values are based on a 2,000 calorie diet.  
 \*\*Daily value not established.

**DIRECTIONS:** As a dietary supplement mix one level scoop (approximately 25g) with eight (8) ounces of cold water, 10-30 minutes prior to your workout preferably without food. Do not exceed 2 servings per day. DO NOT TAKE AFTER 6PM. CAFFEINE CONTENT MAY CAUSE SLEEPLESSNESS.

**OTHER INGREDIENTS:** High Molecular Weight Maltodextrin, Dextrose, Citric Acid, Sodium Bicarbonate, Natural Orange Powder, Natural and Artificial Flavors (including FD & C Yellow No. 6), Acesulfame Potassium, and Sucralose Sweetener.

**ALLERGY INFORMATION:** Manufactured in a facility that processes milk, egg, shellfish, tree nuts, soy and wheat.

**KEEP OUT OF REACH OF CHILDREN.**  
**STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE AND SUNLIGHT. ALWAYS KEEP TIGHTLY SEALED.**

## Full Blown Extreme

### Extreme Berry Blast

#### 2 LBS. (908g)

**Size:** 2 Lbs. (908g)  
**Serving Size:** One (1) Scoop (25g)  
**Servings Per Container:** Thirty-Six (36)  
**Flavor:** Extreme Berry Blast

### Supplement Facts

Serving Size: One (1) Scoop (25g) Servings Per Container: Thirty-Six (36)

	Amount Per Serving	%DV*
Calories Per Serving:	72	
Calories from Fat:	0	
<b>Total Fat</b>	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	0%
<b>Cholesterol</b>	0g	0%
<b>Sodium</b> (from Sodium Chloride and Sodium Bicarbonate)	175mg	7%
<b>Potassium</b> (Gluconate)	17mg	0.5%
<b>Total Carbohydrate</b>	18g	6%
(from High Molecular Weight Maltodextrin and Dextrose)		
Sugars (from Dextrose)	5g	
Fiber	0g	0%
<b>Protein</b>	0g	0%
<b>Calcium</b> (Citrate)	80mg	8%
<b>B6</b> (as Pyridoxine HCl)	6mg	300%
<b>B12</b> (as Cyanocobalamin)	50mcg	833%
<b>Magnesium</b> (Citrate)	40mg	10%
<b>Manganese</b> (Gluconate)	1.5mg	75%
<b>Chloride</b> (from Sodium Chloride)	60mg	2%
<b>Max Volumizing Matrix</b>	4.25g	**
Arginine Alpha-Ketoglutarate, Buffered Creatine (as Krealkalyn®), Creatine Monohydrate, Citrulline Malate, Vanadyl Sulfate		
<b>Max Energy &amp; Focus Complex</b>	220mg	**
Caffeine Anhydrous, <i>Panax ginseng</i> (4% ginsenosides), Guarana Powder, Octopamine HCl, NADH		
<b>Synergistic Intensity Blend</b>	2.5g	**
Adenosine, L-Tyrosine, Phosphatidyl Serine 20%, Vinpocetine 99%, Evodiamine 98%, L-Tyrosine		

\*Percent Daily Values are based on a 2,000 calorie diet.  
 \*\*Daily value not established.

**DIRECTIONS:** As a dietary supplement mix one level scoop (approximately 25g) with eight (8) ounces of cold water, 10-30 minutes prior to your workout preferably without food. Do not exceed 2 servings per day. DO NOT TAKE AFTER 6PM. CAFFEINE CONTENT MAY CAUSE SLEEPLESSNESS.

**OTHER INGREDIENTS:** High Molecular Weight Maltodextrin, Dextrose, Citric Acid, Sodium Bicarbonate, Natural and Artificial Flavors (including FD & C Red No. 40 and Blue No. 1), Acesulfame Potassium, and Sucralose Sweetener.

**ALLERGY INFORMATION:** Manufactured in a facility that processes milk, egg, shellfish, tree nuts, soy and wheat.

**KEEP OUT OF REACH OF CHILDREN.**  
**STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE AND SUNLIGHT. ALWAYS KEEP TIGHTLY SEALED.**

## Full Blown Extreme

### Extreme Tropical Punch

#### 2 LBS. (908g)

**Size:** 2 Lbs. (908g)  
**Serving Size:** One (1) Scoop (25g)  
**Servings Per Container:** Thirty-Six (36)  
**Flavor:** Extreme Tropical Punch

### Supplement Facts

Serving Size: One (1) Scoop (25g) Servings Per Container: Thirty-Six (36)

	Amount Per Serving	%DV*
Calories Per Serving:	72	
Calories from Fat:	0	
<b>Total Fat</b>	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	0%
<b>Cholesterol</b>	0g	0%
<b>Sodium</b> (from Sodium Chloride and Sodium Bicarbonate)	175mg	7%
<b>Potassium</b> (Gluconate)	17mg	0.5%
<b>Total Carbohydrate</b>	18g	6%
(from High Molecular Weight Maltodextrin and Dextrose)		
Sugars (from Dextrose)	5g	
Fiber	0g	0%
<b>Protein</b>	0g	0%
<b>Calcium</b> (Citrate)	80mg	8%
<b>B6</b> (as Pyridoxine HCl)	6mg	300%
<b>B12</b> (as Cyanocobalamin)	50mcg	833%
<b>Magnesium</b> (Citrate)	40mg	10%
<b>Manganese</b> (Gluconate)	1.5mg	75%
<b>Chloride</b> (from Sodium Chloride)	60mg	2%
<b>Max Volumizing Matrix</b>	4.25g	**
Arginine Alpha-Ketoglutarate, Buffered Creatine (as Krealkalyn®), Creatine Monohydrate, Citrulline Malate, Vanadyl Sulfate		
<b>Max Energy &amp; Focus Complex</b>	220mg	**
Caffeine Anhydrous, <i>Panax ginseng</i> (4% ginsenosides), Guarana Powder, Octopamine HCl, NADH		
<b>Synergistic Intensity Blend</b>	2.5g	**
Adenosine, L-Tyrosine, Phosphatidyl Serine 20%, Vinpocetine 99%, Evodiamine 98%, L-Tyrosine		

\*Percent Daily Values are based on a 2,000 calorie diet.  
 \*\*Daily value not established.

**DIRECTIONS:** As a dietary supplement mix one level scoop (approximately 25g) with eight (8) ounces of cold water, 10-30 minutes prior to your workout preferably without food. Do not exceed 2 servings per day. DO NOT TAKE AFTER 6PM. CAFFEINE CONTENT MAY CAUSE SLEEPLESSNESS.

**OTHER INGREDIENTS:** High Molecular Weight Maltodextrin, Dextrose, Citric Acid, Sodium Bicarbonate, Natural and Artificial Flavors (including FD & C Yellow No. 5, FD & C Yellow No. 6 and FD & C Red No. 40), Acesulfame Potassium, and Sucralose Sweetener.

**ALLERGY INFORMATION:** Manufactured in a facility that processes milk, egg, shellfish, tree nuts, soy and wheat.

**KEEP OUT OF REACH OF CHILDREN.**  
**STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE AND SUNLIGHT. ALWAYS KEEP TIGHTLY SEALED.**

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

# Full Blown Extreme

**Extreme Pink Lemonade**

**2 LBS. (908g)**

**Size:** 2 Lbs. (908g)

**Serving Size:** One (1) Scoop (25g)

**Servings Per Container:** Thirty-Six (36)

**Flavor:** Extreme Pink Lemonade

## Supplement Facts

Serving Size: One (1) Scoop (25g) Servings Per Container: Thirty-Six (36)

	Amount Per Serving	%DV*
Calories Per Serving:	72	
Calories from Fat:	0	
<b>Total Fat</b>	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	0%
<b>Cholesterol</b>	0g	0%
<b>Sodium</b> (from Sodium Chloride and Sodium Bicarbonate)	175mg	7%
<b>Potassium</b> (Gluconate)	17mg	0.5%
<b>Total Carbohydrate</b>	18g	6%
(from High Molecular Weight Maltodextrin and Dextrose)		
Sugars (from Dextrose)	5g	
Fiber	0g	0%
<b>Protein</b>	0g	0%
<b>Calcium</b> (Citrate)	80mg	8%
<b>B6</b> (as Pyridoxine HCl)	6mg	300%
<b>B12</b> (as Cyanocobalamin)	50mcg	833%
<b>Magnesium</b> (Citrate)	40mg	10%
<b>Manganese</b> (Gluconate)	1.5mg	75%
<b>Chloride</b> (from Sodium Chloride)	60mg	2%
<b>Max Volumizing Matrix</b>	4.25g	**
Arginine Alpha-Ketoglutarate, Buffered Creatine (as Krealkalyn®), Creatine Monohydrate, Citrulline Malate, Vanadyl Sulfate		
<b>Max Energy &amp; Focus Complex</b>	220mg	**
Caffeine Anhydrous, Panax ginseng (4% ginsenosides), Guarana Powder, Octopamine HCl, NADH		
<b>Synergistic Intensity Blend</b>	2.5g	**
Adenosine, L-Tyrosine, Phosphatidyl Serine 20%, Vinpocetine 99%, Evodiamine 98%, L-Tyrosine		

\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily value not established.

**DIRECTIONS:** As a dietary supplement mix one level scoop (approximately 25g) with eight (8) ounces of cold water, 10-30 minutes prior to your workout preferably without food. Do not exceed 2 servings per day. DO NOT TAKE AFTER 6PM. CAFFEINE CONTENT MAY CAUSE SLEEPLESSNESS.

**OTHER INGREDIENTS:** High Molecular Weight Maltodextrin, Dextrose, Citric Acid, Sodium Bicarbonate, Natural and Artificial Flavors (including FD&C Red No. 40), Acesulfame Potassium, and Sucralose Sweetener.

**ALLERGY INFORMATION:** Manufactured in a facility that processes milk, egg, shellfish, tree nuts, soy and wheat.

**KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE AND SUNLIGHT. ALWAYS KEEP TIGHTLY SEALED.**

(Continued from Page 1)

You're literally going to see and feel the difference when you try **Full Blown Extreme** for the first time. The three proprietary blends are filled with only the highest quality ingredients to ensure maximum potency and effect. We even added stacked carbohydrates for fast and sustained energy along with electrolytes to improve muscle contraction and minimize cramping issues. There has never been a formula like this on the market and Max Muscle is the only one who has it. You can't get it anywhere else and no one can copy this special proprietary formula! **Full Blown Extreme** should be used in combination with regular exercise and a proper nutrition plan for maximum results. Feel the pump, the energy, and the intensity!†

Please read all warnings and directions before taking this product. Consult a physician before starting any diet or exercise program. This product contains 176mg of Caffeine per 25 gram serving (one scoop).

### NOTE: READ ENTIRE LABEL PRIOR TO USE

Please read all warnings and directions before taking this product. Consult a physician before starting any diet or exercise program. This product contains 176mg of Caffeine per 25 gram serving (one scoop).

**NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING.** Consult a Physician before using this product if you have, or have a family history of, including but not limited to high blood pressure, cardiac arrhythmias, heart, liver, kidney, thyroid, or psychiatric disease, pheochromocytoma, diabetes, asthma, recurrent head aches, anemia, nervousness, anxiety, depression or other psychiatric condition, peptic ulcers, Parkinson's disease, glaucoma, difficulty in urinating, prostate enlargement, or seizure disorder, or if you are using a monoamine oxidase inhibitor (MAOI) or any other dietary supplement, prescription drug, or over-the-counter drug containing ephedrine, pseudoephedrine, or phenylpropanolamine (ingredients found in certain allergy, asthma, cough or cold, and weight control products). Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience rapid heartbeat, dizziness, severe headache, shortness of breath, or other similar symptoms. Individuals who consume caffeine with this product may experience serious adverse health effects and those that are sensitive to the effects of caffeine should consult a Physician before consuming this product. Improper use of this product may be hazardous to a person's health. Do not use during strenuous activity in high temperature and humidity conditions (greater than 80° F). Drink at least 2 liters of water daily when using this product.

To report any adverse events call 1-800-332-1088.

Kre-Alkalyn® is a registered trademark of Bioceutical Research & Development Laboratory  
Kre-Alkalyn® is a patented product (Patent # 6,399,661) registered to Bioceutical Research & Development Laboratory

†These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

