

Gluta-Matrix

Glutamine Capsules

Quadruple Glutamine Formula[†]




Max Muscle Sports Nutrition now offers **Gluta-Matrix Glutamine** in convenient and easy-to-swallow capsules. **Gluta-Matrix Glutamine Capsules** contains the same four different forms of Glutamine as found in the original Gluta-Matrix powder formula. The Product Development Team at MMSN has specialized in high quality glutamine supplements for over a decade, and **Gluta-Matrix Glutamine Capsules** raises the bar to take it to the next level with Gluta-Quad™ technology, an advanced proprietary blend consisting of 4 unique forms of glutamine. Additionally, the formulation is in a buffered matrix that is pH balanced to support optimal absorption. L-Glutamine is the original free form amino acid compound which easily crosses the gut to reach the blood stream. Glutamine peptide is a more stable form of Glutamine and it can be delivered more rapidly due to its peptide nature. Acetyl-L-Glutamine is a new and unique form of delivery in that the Acetyl group is useful for replenishing brain neurotransmitters after a hard workout. Glutamine Ethyl Ester is also new, and the Ethyl Ester delivery is well known in the pharmaceutical realm as it assists in enhanced absorption into cells.[†]

Glutamine is in high demand throughout the body and involved in many metabolic processes. It is considered a “workhorse” amino acid. As the most abundant amino acid in skeletal muscle, Glutamine is often depleted due to over training, stress and poor diet. Research indicates that body builders, fitness and strength athletes, and other active people often do not produce enough Glutamine within their liver to restore critical Glutamine levels within a reasonable time frame following training. Supplemental Glutamine is critical to minimize muscle breakdown and repair heavily trained muscles and support the natural production of human growth hormone, which is also important to muscle recovery and gains. Glutamine also supports the immune system, and allow for more intense training. Very importantly, research suggests that more frequent dosages of Glutamine throughout the day are more effective than larger less frequent dosages at providing Growth Hormone, muscle recovery, and immune function support. **Gluta-Matrix Glutamine Capsules** provides an easy and convenient way to achieve this continuous intake throughout the day. Train hard and get the most from your workouts with **Gluta-Matrix Glutamine Capsules**.[†]

Please read all warnings and directions before taking this product. Consult a physician before starting any diet or exercise program.

Size: 180 Capsules
Serving Size: Two (2) to Four (4) Capsules
Servings Per Container: 180

KEY FEATURES

- Proprietary Gluta-Quad™ Technology[†]
- pH Balanced Formula[†]
- Convenient and Easy-to-Swallow Capsules[†]
- Minimizes Muscle Breakdown and Supports Recovery[†]
- Growth Hormone Support[†]
- Immune Support[†]

KEY MESSAGES

- Glutamine is the most abundant amino acid in skeletal muscle[†]
- Glutamine is often depleted due to over training, stress and poor diet[†]
- Gluta-Quad™ Proprietary Technology is an advanced blend of 4 forms of Glutamine:
 1. Free Form L-Glutamine - easily crosses the gut to reach the blood stream[†]
 2. Glutamine Peptide – An acid stable form of Glutamine delivered in rapidly absorbed peptide form[†]
 3. Acetyl-L-Glutamine – Unique form of Glutamine containing Acetyl groups useful for replenishing brain neurotransmitters after intense workouts[†]
 4. Glutamine Ethyl Ester – The addition of the Ethyl Ester assists in rapid absorption across the intestinal cells and uptake by muscles[†]
- Research indicates athletes may not produce enough Glutamine to replenish critical levels quickly following training making Gluta-Matrix Glutamine Capsules an ideal delivery system[†]

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Your assurance of quality®

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Extreme Series Gluta-Matrix Glutamine Capsules 180 Capsules

Size: 180 Capsules
Serving Size: Two (2) to Four (4) Capsules
Servings Per Container: 180

Supplement Facts

Serving Size: 1 Capsule		Servings Per Container: 180	
	Amount Per Serving	%DV*	
Sodium (from Sodium Bicarbonate)	27mg	1%	
Max Gluta-Quad™ Proprietary Blend	700mg	†	
L-Glutamine, Glutamine Peptide (from hydrolyzed gluten), N-Acetyl-L-Glutamine, Glutamine Ethyl Ester HCl			

*Percent daily values are based on a 2,000 calorie diet.
†Daily value not established.

DIRECTIONS: Take 2 to 4 capsules with eight (8) ounces of cold water or liquid 30 minutes before exercise and an additional 2 to 4 capsules not more than 30 minutes after your workout and throughout the day.

OTHER INGREDIENTS: Magnesium stearate and gelatin.

ALLERGY INFORMATION: Contains wheat protein (hydrolyzed gluten). Manufactured in a facility that processes milk, soy and egg proteins, peanuts, other tree nuts and wheat.

KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE AND SUNLIGHT. ALWAYS KEEP TIGHTLY SEALED.

WARNING STATEMENT: NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING. Consult a Physician before starting any diet and exercise program and before using this product. Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience unexpected side effects. Improper use of this product may be hazardous to a person's health. Drink at least 2 liters of water daily when using this product.

To report any adverse events call 1-800-332-1088.

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KEY MESSAGES (Continued)

- *Gluta-Matrix Glutamine Capsules support muscle recovery and muscle gains when used in conjunction with proper nutrition and exercise†*
- *Supports immune function and gastrointestinal health†*
- *More frequent dosages of Glutamine are better to support GH, muscle recovery, and immune function†*
- *Gluta-Matrix Glutamine Capsules deliver 700 mg Glutamine per capsule*
- *Convenient and easy-to-swallow capsules for continuous delivery of Glutamine throughout the day*

TARGET MARKET

Primary: Men and women seeking a convenient and easy-to-swallow capsule delivery form of glutamine to replenish muscle stores for improved recovery.

Secondary: Those who want GH support, improved gastrointestinal function and immune function.

RECOMMENDED STACK

- *Max Lean Protein*
- *ThyrX*
- *Max Complete*
- *Full Blown Extreme*
- *Vit-Acell*
- *SuppreX*
- *Max TribuStak*
- *Max MRP*
- *ThermXX*
- *EnerX*
- *Max EFA*
- *Max Pro*
- *High 5*
- *Max Anabol*

†These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.