

Max Joint Relief

Advanced Joint Support Formula[†]

Max Joint Relief was designed to bring safe and effective relief to sore and overworked joints. The synergistic effects of the ingredients in this proprietary formula have been proven in University studies to bring safe and effective relief to arthritic and sore joints. Researchers from the Arthritis Center at the Boston University School of Medicine showed that glucosamine and chondroitin were very effective in the treatment of joint problems related to inflamed and sore arthritic joints. Glucosamine Sulfate plays a key role in the maintenance and repair of joints by stimulating cartilage cells to produce glycosaminoglycans and proteoglycans, the building blocks of cartilage. The university study mentioned above used a specific ratio of Glucosamine and Chondroitin. In this study it was shown that an effective higher end oral dose was 1500mg of Glucosamine Sulfate and 1200mg of Chondroitin Sulfate. **Max Joint Relief** was formulated to the exact specifications of the study. Chondroitin Sulfate provides the raw materials of the cartilage found in the joint. Research studies have shown that Chondroitin can be a very effective treatment for arthritis pain and joint problems by inhibiting free radicals that degrade joint cartilage and collagen and improving blood circulation to joints which enables antioxidants and glucosamine to enter inflamed joints to stimulate the repair process required for the regression of osteoarthritis. MSM (methylsulfonylmethane) is a bio-available form of dietary sulfur, and is a naturally occurring compound found in significant amounts in nerve and connective tissue, skin, hair and joints. Supplementing with MSM can help support the development of new cells and connective tissue, and may be linked to promoting healthy muscles, ligaments and flexible joints. As we age our MSM levels decline, increasing the need for supplementation. MSM also helps provide temporary relief from arthritis pain and inflammation. Ginger (*Zingiber officinale*) has been used for thousands of years for medicinal purposes, such as nausea, stomachache, rheumatism and toothache. Modern research has found ginger to be a powerful antioxidant with anti-inflammatory benefits. The active components of ginger are thought to be aromatic ketones known as gingerols. These have been shown in experimental studies to inhibit both the cyclooxygenase and lipoxygenase pathways and the production of prostaglandins, thromboxane and leukotrienes, just as the NSAIDs do. Studies have compared Ginger to ibuprofen as an anti-inflammatory agent, without the associated side effects. Turmeric (*Curcuma longa*) is a member of the ginger family and has long been used a powerful healing herb. In the early 1970's researchers discovered that it contained notable inflammation-fighting compounds called curcuminoids. The anti-inflammatory compounds in turmeric appear to ease inflammation by inhibiting the COX- 2 enzyme, which is associated with inflammation. Turmeric has properties that resemble those of the COX-2 inhibitors—popular new arthritis drugs, such as Celebrex, that have been dubbed "superaspirins."

As with all the products in the Max Muscle line of supplements, **Max Joint Relief** has been formulated to give our customers the best possible results. We used the precise amounts of the ingredients used in key studies. Because of this we are confident that this product will deliver optimal results.[†]



Size: 120 Capsules
Serving Size: Four (4) Capsules
Servings Per Container: 30

KEY FEATURES

- Synergistic Joint Complex[†]
- Supports Joint Health[†]

KEY MESSAGES

- Scientifically designed to bring safe and effective relief to sore and overworked joints.[†]
- Max Joint Relief contains the precise amount of Glucosamine and Chondroitin based on the study done at Boston University School of Medicine.[†]
- Includes ingredients that have been shown to be very effective in the treatment of joint problems related to inflamed and sore arthritic joints.[†]
- Additionally contains MSM, Turmeric and Ginger which have been shown to have an anti-inflammatory affect on joints.[†]

TARGET MARKET

Primary: Anyone who suffers from joint pain and inflammation.

Secondary: Athletes that create additional stress on joints due to intense training.

RECOMMENDED STACK

- Max Vit-Acell
- Max Complete
- Max MRP

Your assurance of quality[®]

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www.maxmuscle.com

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Supplement Facts

Serving Size: Four (4) Capsules Servings Per Container: 30

Amount Per Serving % DV*

Glucosamine Sulfate	1.5g	**
Chondroitin Sulfate	1.2g	**
Methylsulfonylmethane (MSM)	500mg	**
Ginger (<i>Zingiber officinale</i>)	100mg	**
Turmeric (<i>Curcuma longa</i>)	100mg	**

*Percent Daily Values are based on a 2000 calorie diet.

**Daily value not established.

Ingredients: Gelatin, Rice Powder, Magnesium Stearate.

Directions: As a dietary supplement take four (4) capsules at once, in the morning with a meal or two (2) capsules twice daily with meals.

SHELL FISH ALLERGY ALERT – SEE WARNING STATEMENT

WARNING: NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING. Consult a Physician before using this product if you have, or have a family history of, including but not limited to arthritis, diabetes, and shell fish allergy. Consult your doctor if you are taking prescription medications. Drink at least 2 liters of water daily when using this product.

KEEP OUT OF THE REACH OF CHILDREN. STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE, SUNLIGHT AND EXCESS HEAT. ALWAYS KEEP TIGHTLY SEALED.

To report any adverse events call 1-800-332-1088.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.