



Max Complete

Sustained Energy Support† Super Vitamin & Mineral Complex†

New & Improved Formula!

Max Complete's New and Improved Formula by MMSN, is a unique multi-vitamin and multi-mineral dietary supplement, a hybrid of both essential vitamins and minerals fortified with the powerful food-based green foods, Spirulina, Aloe vera, and Chlorella.

Max Complete supplies 100% of the Daily Values of 24 essential vitamins and minerals, including Biotin, Molybdenum, Manganese, Iodine and Pantothenic Acid. **Max Complete** also provides 100% of the Daily Values of Calcium and Phosphorus needed per day to support healthy bones and muscles provided in six easy-to-swallow capsules for rapid absorption. Additionally, the capsules may be taken throughout the day to individualize delivery and absorption times, coinciding with periods in which additional vitamins and minerals are needed, such as immediately following heavy exercise.

Max Complete's New and Improved Formula contains Spirulina, Aloe vera and Chlorella, known "Superfoods" that contain powerful phytonutrients, antioxidants and additional ultra-trace minerals. Spirulina and Chlorella are freshwater blue green algae and contains a rich blend of health protective nutrients and phytonutrients that work in synergy to support continuous energy throughout the day. The Aloe vera (*Barbadensis* Miller) inner fillet in **Max Complete** is highly concentrated (200X) and certified for Content and Purity by the International Aloe Science Council (IASC). Aloe vera has been shown to enhance the bioavailability of essential nutrients.

Max Complete is formulated to support overall health and well-being. **Max Complete** is vitamin and mineral "Health Insurance" offering a proactive high-performance and wellness-based formula.



Size: 180 Capsules (1 gm Each)
Serving Size: 6 Capsules
Servings Per Container: 30

KEY FEATURES

- Complete Multi-Vitamin/Multi-Mineral Dietary Supplement†
- Unique hybrid formula containing Spirulina, Aloe vera and Chlorella, Natural Green "Superfoods"†
- Supplies 100% of the Daily Values of 24 essential vitamins and minerals
- Easy-to-Swallow and Quickly Dissolving Capsules for Maximum Nutrient Utilization†
- High Performance Formula to Support Health and Well-Being†
- Supports Continuous Energy Throughout the Day†

KEY MESSAGES

- Max Complete supplies 100% of the Daily Values of 24 essential vitamins and minerals.
- Contains natural green "Superfood" concentrates including Spirulina, Aloe vera and Chlorella. These green foods contain powerful phytonutrients, additional ultra-trace minerals and may enhance the bioavailability and utilization of vitamins and minerals contained in the formula.†
- The Aloe vera (*Barbadensis* Miller) is highly concentrated (200:1) inner fillet gel extract and certified by the International Aloe Science Council (IASC) for Content and Purity. The Aloe vera is also certified organic and Kosher.
- One serving provides 100% Daily Values of Calcium, Vitamin D, Folic Acid and Iron.
- Provides vitamins and minerals often difficult to obtain through diet.
- Easy-to-swallow and quickly dissolved capsules for maximal nutrient utilization.†

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Your assurance of quality®

1641 S. Sinclair Street • Anaheim, California 92806 • 714.456.0700 • 714.456.0727 fax

www.maxmuscle.com



Max Complete

180 Capsules

Size: 180 Capsules (1 gm Each)
Serving Size: 6 Capsules
Servings Per Container: 30

Supplement Facts

	Amount Per Serving	%DV*
Vitamin A (as acetate)	5,000 I.U.	100%
Vitamin C (ascorbic acid)	60mg	100%
Vitamin D (as cholecalciferol)	400 I.U.	100%
Vitamin E (as acetate)	30 I.U.	100%
Vitamin K1 (as phytonadione)	80mcg	100%
Vitamin B1 (as thiamin monohydrate)	1.5mg	100%
Vitamin B2 (as riboflavin)	1.7mg	100%
Vitamin B3 (as niacinamide)	20mg	100%
Folic Acid	400mcg	100%
Vitamin B6 (as pyridoxine HCl)	2mg	100%
Vitamin B12 (as cyanocobalamin)	6mcg	100%
Biotin	300mcg	100%
Pantothenic Acid	10mg	100%
Calcium (as calcium phosphate-dibasic)	1152mg	115%
Iron (as iron amino acid chelate)	18mg	100%
Phosphorus	1000mg	100%
Iodine (as potassium iodide)	150mcg	100%
Magnesium (as oxide)	400mg	100%
Zinc (as oxide)	15mg	100%
Selenium (as selenium methionine)	70mcg	100%
Copper (as copper gluconate)	2000mcg	100%
Manganese (as manganese aspartate)	2mg	100%
Chromium (as chromium picolinate)	120mcg	100%
Molybdenum (as molybdenum aspartate)	75mcg	100%
Potassium (as potassium phosphate-dibasic)	99mg	17.9%

*Percent Daily Values are based on a 2,000 calorie diet.
 **Daily value not established.

DIRECTIONS: 3 capsules with morning meal; 3 capsules with evening meal.

OTHER INGREDIENTS: Proprietary green food blend (Spirulina, Aloe vera inner fillet gel [Barbadensis Miller, 200X extract] and Chlorella, broken cell).

KEEP OUT OF THE REACH OF CHILDREN. Do not, under any circumstances, provide this product to children under the age of 18 without a physician's examination and clearance.

STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE, SUNLIGHT AND EXCESS HEAT. ALWAYS KEEP TIGHTLY SEALED.

ALLERGY INFORMATION: Produced in a facility that processes components of fish, shellfish, wheat, soy, milk, eggs and tree nuts.

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KEY MESSAGES (Cont'd)

- Vitamin and mineral "Health Insurance" as a proactive high-performance and wellness formula.[†]
- The June 2002 issue of the Journal of the American Medical Association (JAMA) reports that: **"Most people do not consume an optimal amount of all vitamins by diet alone. Pending strong evidence of effectiveness from randomized trials, it appears prudent for all adults to take vitamin supplements."**

TARGET MARKET

Primary: All adults should be taking a complete vitamin and mineral supplement as recommended by the medical community. Can be combined with Max Vit-Acell for added benefits.

RECOMMENDED STACK

- Max Vit-Acell
- Max Green Synergy
- Regena-Pro
- Max MRP
- Max Joint Relief
- Max Clense & Lean
- Max Carb & Fat Away

[†]These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

