

# Max Lean PM

## **Fat Loss Accelerator and Sleep Aid†**

### **Night-Time Formula!**

**Max Lean PM™** is the calming nighttime fat loss accelerator that assists in burning fat as you sleep. Unlike preparations that leave you feeling over stimulated and restless in the evening, **Max Lean PM™** assists you in sleeping by combining gentle but effective fat loss accelerators with mild herbal sleep aids.

**Max Lean PM™** contains 4 fat loss accelerators. Acetyl L-Carnitine helps bodyfat reduction by transporting fatty acids into muscle cells for fat burning, which helps prevent fatty acid buildup and fat stores. The amino acid L-Tyrosine helps increase the availability of the neurotransmitter serotonin, which may result in a feeling of satisfaction and decrease nighttime food cravings. Guggulsterones are natural thyroid stimulators that also help to decrease LDL "bad" cholesterol levels. Pantothenic acid (Vitamin B-5) helps optimize carbohydrate, protein and fat metabolism.

**Max Lean PM™** contains the sleep aid, Valerian root extract which is from an entirely natural herbal source and has extensive research proving its usefulness as a calming and sleeping aid. Valerian root extract also stimulates peristalsis, the movement of digestive tract muscles, for proper digestion and transit. Chamomile is another natural herb that has been added to Max Lean PM due to it's calming and relaxing affect on the body.

**Max Lean PM™** was formulated by the MMSN Research Team with the very best ingredients to stimulate the metabolism and promote accelerated fat-loss while at the same time providing a product that would assist in helping to get a better night's sleep.



**Size:** 120 Capsules  
**Serving Size:** Two (2) Capsules  
**Servings Per Container:** 60

### **KEY FEATURES**

- *Nighttime Fat-Loss Accelerator†*
- *Increase Metabolism†*
- *Thyroid Support†*
- *Natural Sleep-Aid†*

### **KEY MESSAGES**

- *Calming nighttime fat-loss accelerator that assists in burning fat while you sleep.†*
- *Contains 4 proven fat-loss accelerators.†*
- *Acetyl L-Carnitine helps body fat reduction by transporting fatty acids into muscle cells for fat burning.†*
- *L-Tyrosine helps increase the availability of the neurotransmitter serotonin which may result in a feeling of satisfaction and decrease in nighttime food cravings.†*
- *Guggul Sterones help stimulate the thyroid and help decrease bad cholesterol.†*
- *Pantothenic Acid helps optimize carbohydrate, protein and fat metabolism.†*
- *Valerian Root and Chamomile are natural sleep aids that produce a calming affect on the body.†*

### **TARGET MARKET**

**Primary:** Individuals trying to lose weight and increase metabolism.

**Secondary:** Individuals that are having trouble sleeping at night.

### **RECOMMENDED STACK**

- *Max Lean 24 Hr System (Daytime, EF and NS)*
- *Max Cleanse & Lean*
- *Vit-Acell*
- *Max Carb & Fat Away*
- *High 5 or MaxPro*

Your assurance of quality®

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## Supplement Facts

Serving Size: 2 Capsules    Servings Per Container: 60

	Amount Per Serving	%DV*
Valerian 4:1	640mg	*
Chamomile PE 4:1	100mg	*
L-Tyrosine	100mg	*
Guggulsterones from commiphora mukul extract	100mg	*
Acetyl L-Carnitine	100mg	*
Pantothenic acid from Calcium D-Pantothenate @ 92%	40mg	400%

\*Daily value not established.

**DIRECTIONS:** Two capsules one hour before bed-time only.

**INGREDIENTS:** Chamomile powder, valerian root extract, acetyl L-carnitine, commiphora mukul (guggulsterones), L-tyrosine, vitamin B-5 (calcium D-pantothenate), di-calcium phosphate and magnesium stearate. Capsule is made of gelatin.

**WARNING:** Never drive, operate machinery or tools, or attempt tasks demanding attention or wakefulness after taking Max Lean PM™.

**KEEP OUT OF THE REACH OF CHILDREN.** Do not, under any circumstances, provide this product to children under the age of 18 without a physician's examination and clearance.

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

