

# Max Ultra 100

## Advanced Mega-Multi Liquid Nutrition

**Max Ultra-100** is a great tasting liquid multi containing over 100 vitamin & minerals, antioxidants and amino acids with extra high vitamin potency for the most active adult lifestyles.

**Max Ultra-100** contains 100% Daily Value or greater of 12 essential vitamins, including 100% Daily Value (400 mcg) of Folic Acid. Some scientific evidence suggests that consumption of anti-oxidant vitamins may reduce the risk of certain forms of cancer.\* 0.8 mg folic acid in a dietary supplement is more effective in reducing the risk of neural tube defects than a lower amount in foods in common form.\*\* As part of a well-balanced diet that is low in saturated fat and cholesterol, Folic Acid, Vitamin B6 and Vitamin B12 may reduce the risk of vascular disease.\*\*\*

**Max Ultra-100** contains major, trace and ultra-trace minerals, more than 20 amino acids, including all 9 essential amino acids, and enhanced with CoQ10 and Grape Seed Extract. Additionally, aloe vera provides the health benefits of this amazing botanical. The aloe vera (*Barbadensis* Miller) in **Max Ultra-100** is highly concentrated (200:1) and derived from the inner filet of the plant. The *Barbadensis* Miller genus and species is believed to be the most potent and nutrient-rich form of all the species containing aloe polysaccharides and a wide range of other beneficial phytochemicals. Aloe vera has recently been shown in human clinical studies to enhance the absorption of essential nutrients by increasing the half-life of vitamins E, C, B12 and Oxygen Radical Absorbance Capacity (ORAC) in plasma, especially in elderly. The aloe vera in **Max Ultra-100** is certified by the International Aloe Science Council (IASC) for content and purity, certified Organic and Kosher.

Liquid nutrition absorbs rapidly and efficiently with no "pill fatigue" as liquid nutrition is ideal for those tired of swallowing handfuls of pills. **Max Ultra-100** supports overall well being and energy and is convenient, versatile and comes in a great tasting Cherry Berry Flavor.

\*FDA has determined that this evidence is limited and not conclusive.

\*\*FDA does not endorse this claim. Public health authorities recommend that women consume 0.4 mg folic acid daily from fortified foods or dietary supplements or both to reduce the risk of neural tube defects.

\*\*\*FDA evaluated the above claim and found that, while it is known that diets low in saturated fat and cholesterol reduce the risk of heart disease and other vascular diseases, the evidence in support of the above claim is inconclusive.



**Size:** 32 fl. oz. (960 ml)

**Serving Size:** 1 oz.

**Servings Per Container:** 32

**Flavor:** Cherry Berry Flavor

### KEY FEATURES

- *Mega-Multi Liquid Nutrition*
- *Over 100 Vitamins / Minerals / Amino Acids / Antioxidants*
- *With CoQ10 & Grapeseed Extract*
- *Elite Formula that Supports Overall Well Being and Energy\**
- *Aloe vera For Enhanced Nutrient Bioavailability\**
- *Vegetarian Formula*

### KEY MESSAGES

- *Comprehensive liquid multi containing over 100 vitamins, minerals, antioxidants, and amino acids with extra high vitamin potency.*
- *Each serving provides 100% Daily Value of folic acid, vitamin D and vitamin B12.*
- *Contains full-spectrum, liquid colloidal minerals comprised of major, trace and ultra-trace elements with the additional benefits of CoQ10 and grapeseed extract.*
- *Provides all 21 amino acids including the 9 essential amino acids. Also contains proline, citrulline, ornithine and taurine.*
- *Delivers a highly concentrated (200:1) aloe vera derived from the inner filet of the plant. The *Barbadensis* Miller genus and species is believed to be the most potent and nutrient-rich form of all the species containing aloe polysaccharides and a wide range of other beneficial phytochemicals. The aloe vera is certified by the IASC, Organic and Kosher.*

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Your assurance of quality®

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[www.maxmuscle.com](http://www.maxmuscle.com)

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### Supplement Facts

Serving Size: 1 oz.  
 Servings Per Container: 32

	Amount Per Serving	%DV*
Calories Per Serving	10	
Total Carbohydrates	2 g	1%
Natural Sugars	9 g	**
Vitamin A (as palmitate)	10000 IU	200%
Vitamin D (ergocalciferol)	400 IU	100%
Vitamin E (d-alpha tocopheryl acetate)	200 IU	667%
Vitamin C (as ascorbic acid)	500 mg	833%
Folate (as folic acid)	400 mcg	100%
Vitamin B1 (as thiamin)	25 mg	1667%
Vitamin B2 (as riboflavin)	25 mg	1471%
Vitamin B3 (as niacin)	80 mg	400%
Vitamin B6 (as pyridoxine HCl)	30 mg	1500%
Vitamin B12 (as cyanocobalamin)	200 mcg	3333%
Biotin	300 mcg	100%
Pantothenic Acid (as calcium pantothenate)	50 mg	500%
Bioflavonoids (from citrus)	100 mg	**
PABA (para-aminobenzoic acid)	10 mg	**
Choline (as bitartrate)	10 mg	**
CoQ10	5 mg	**
Grape Seed Extract	5 mg	**
Calcium (calcium chloride)	50 mg	5%
Quercetin	2.5 mg	**
<b>Colloidal Minerals</b>	2.24 ml	**
Calcium, Nickel, Cerium, Tungsten, Praseodymium, Iron, Silicon, Chlorine, Europium, Neodymium, Zinc, Boron, Platinum, Antimony, Thallium, Iodine, Lithium, Cesium, Ytterbium, Samarium, Phosphorus, Vanadium, Rubidium, Palladium, Nitrogen, Magnesium, Cobalt, Tellurium, Terbium, Thorium, Potassium, Sodium, Hafnium, Gadolinium, Hydrogen, Selenium, Niobium, Gold, Scandium, Yttrium, Copper, Barium, Titanium, Rhenium, Oxygen, Manganese, Beryllium, Holmium, Lutetium, Promethium, Silver, Cadmium, Gallium, Dysprosium, Zirconium, Chromium, Sulfur, Strontium, Ruthenium, Neodymium, Tin, Bismuth, Lanthanum, Tantalum, Bromine, Molybdenum, Carbon, Indium, Erbium, Fluorine		
<b>Amino Acids</b>	20 mg	**
Isoleucine, Leucine, Lysine, Methionine, Valine, Histidine, Arginine, Asparagine, Aspartic Acid, Serine, Glutamic Acid, Proline, Glycine, Alanine, Tyrosine, Cystine, Citrulline, Cysteine, Glutamine, Ornithine, Taurine, Phenylalanine, Threonine, Tryptophan		

\*Percent Daily Values are based on a 2000 calorie diet.  
 \*\*Daily Value not established.

**Recommended Use:** As a dietary supplement, take 1 oz. 1-2 times daily with meals. **SHAKE WELL BEFORE EACH USE. REFRIGERATE AFTER OPENING.**

**Other Ingredients:** Water, aloe vera concentrate, citric acid, potassium sorbate, fructose, natural flavors.

**ALLERGY INFORMATION:** None.

KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE AND SUNLIGHT. ALWAYS KEEP TIGHTLY SEALED.

**STORAGE:** KEEP TIGHTLY CLOSED AND REFRIGERATE AFTER OPENING. ALWAYS KEEP TIGHTLY SEALED.

**WARNING:** Please consult a physician before starting any new diet, exercise, and dietary supplement program especially if you have pre-existing medical conditions or are taking prescription medications. Discontinue use and call a physician or licensed health care professional immediately if you experience unexpected side effects. Do not use this product if pregnant or nursing.

To report a serious adverse event, contact:  
 Max Muscle Sports Nutrition  
 1641 South Sinclair St.  
 Anaheim, CA 92806  
 www.maxmuscle.com

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### KEY MESSAGES

- Aloe vera has recently been shown in human clinical studies to enhance the absorption of essential nutrients by increasing the half-life of vitamins E, C, B12 and Oxygen Radical Absorbance Capacity (ORAC) in plasma, especially in elderly.
- Benefits of liquid nutrition that absorbs rapidly and efficiently with no "pill fatigue".
- Great tasting Cherry Berry Flavor.

### TARGET MARKET

**Primary:** All adults wanting an elite high-potency vitamin, mineral, antioxidant and amino acid supplement to support energy and overall well being with the additional benefits of aloe vera, CoQ10 and grapeseed extract.

**Secondary:** Any adult wanting a comprehensive, great tasting, liquid vitamin and mineral dietary supplement.

### RECOMMENDED STACK

- Max Gourmet
- MAXPRO
- High 5
- Max CLA
- Gluta-Matrix
- Max Glutamine
- Max EFA